Race to Help Fight Congenital Heart Defects!

Corbin's Fun Run

2011

www.corbinsfunrun.net

July 23, 2011 — Burke Lake Park — Ice Cream Shop
5-mile run at 8:00am — 1-mile walk at 8:10am

**** *Race proceeds benefit Tender Heart of INOVA Children's Hospital***

Course: Certified and Chip Timed. Flat path. Jogging strollers for walk only. No pets or headphones please. Light refreshments, awards ceremony, and a special raffle with great prizes following the race. Both races begin at the Ice Cream Shop. The race will take place in rain or shine.

Entry Fees: Free for ages 5 and under. **By July 13**: $26 adults, $11 youths (ages 6-17). Race day: $30 adults, $15 youths (ages 6-17). Free commemorative T-shirt guaranteed for advanced registration, with limited supply on race day. Sorry, no refunds will be available.

How to waive entry fee: Ask family, friends, co-workers, and neighbors to sponsor your race participation. Simply raise $100 or more in donations to fight CHD and *your entry fee will be waived*! *For each $100 you raise, your name will be automatically entered in a post-race raffle offering great prizes.* Download a Donation Collections form from www.corbinsfunrun.net to assist collection efforts. Donation checks should be made payable to CMG Heart Foundation.

Ways to register: **(1)** Fill out form below and mail (families may use one form). Form may be photocopied. Download additional forms at www.corbinsfunrun.net. If you are submitting donations in lieu of an entry fee, you must register by mail. **(2)** Register on-line www.corbinsfunrun.net If you wish to submit collected donations in lieu of an entry fee, please register by mail, by July 13 **(3)** Register race day 6:45am-7:45am (limited space, checks only).

Packet pick-up: Race day at 6:45am-7:45am. **Any questions?**: E-mail us at tgrabb@cox.net.

Corbin's Fun Run is in memory of Corbin Marc Grabb of Clifton, VA who died of a CHD on June 29, 2006 at the age of 23 months.

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Corbin's Fun Run— Registration Form (families may use one form)

***Mail to*: Corbin's Fun Run, PO Box 193, Clifton, VA 20124 *by July 13*, 2011.**

***Checks only, please, made payable to*: CMG Heart Foundation**

Adults	**Race**	**T-shirt size**	**Entry Fee (see above for correct fee)**	**Age**	**Gender**
Name: _____	□ 5-mile □ 1-mile	□ S □ M □ L □ XL	□ $26 fee **or** □ $30 fee **or** □ $100 donations	___	M / F
Name: _____	□ 5-mile □ 1-mile	□ S □ M □ L □ XL	□ $26 fee **or** □ $30 fee **or** □ $100 donations	___	M / F
Youth (ages 6-17)					
Name: _____	□ 5-mile □ 1-mile	□ S □ M □ L	□ $11 fee **or** □ $15 fee **or** □ $100 donations	___	M / F
Name: _____	□ 5-mile □ 1-mile	□ S □ M □ L	□ $11 fee **or** □ $15 fee **or** □ $100 donations	___	M / F
Name: _____	□ 5-mile □ 1-mile	□ S □ M □ L	□ $11 fee **or** □ $15 fee **or** □ $100 donations	___	M / F

Children (ages 5 and under) — Entry is free. Sorry, T-shirts not available.

Name: _____ Name: _____ Name: _____

Other donation amounts (excluding above $100 donations): _____ Total Amount Enclosed: _____

Address: _____ Phone: _____ Email: _____

Release: I know that running is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete in the run. I assume all risks associated with running, including, but not limited to, falls, weather conditions, contact with other participants, and the effects of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release the Corbin's Fun Run staff, Fairfax County government, and all event partners, sponsors, and volunteers, their representatives and successors, from all claims or liabilities of any kind arising from my participation, even if the liability arises from negligence or carelessness.

Signatures of adult participants: _____ _____

Signature of parent or guardian on behalf of all entrants under age 18: _____